



Rediscover the
meaning of travel

Tour Notes

Caribbean Island Hopping

Tour Duration – 20 Days



Tour Rating

Fitness ●●●○○ | Off the Beaten Track ●●●●○ | Culture ●●●●○ | History ●●●●○ | Wildlife ●●○○○

Tour Pace

Busy

Tour Highlights

- ✓ An extraordinary adventure visiting eight magical destinations in the Caribbean – St Kitts & Nevis, Antigua, Dominica, Saint Lucia, Saint Vincent, Trinidad and Tobago, Curacao, and Aruba
- ✓ See the highlights of each island, as well as enjoying downtime to relax on some of the finest beaches in the world
- ✓ Sail aboard a luxury catamaran from St. Kitts to Nevis with the option to snorkel and view the rich marine life
- ✓ Explore the lush rainforests and natural hot springs of Dominica - often called the “Nature Island” due to its diverse flora and fauna and extensive natural parks
- ✓ Visit the one-of-a-kind Sulphur Springs in Saint Lucia where you will find the world's first drive-in Volcano
- ✓ Discover Saint Vincent and visit the set of the popular film “Pirates of the Caribbean”
- ✓ Explore Curacao with its delightful Dutch colonial architecture, thriving art and culinary scenes and excellent history museums



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Tour Map



Tour Essentials

- Accommodation:** A mix of comfortable boutique style properties and 3 to 4* hotels and resorts
- Included Meals:** Daily breakfast (B), plus lunches (L) as shown in the itinerary
- Group Size:** Maximum 12
- Start Point:** St Kitts & Nevis – you can arrive any time on day 1
- End Point:** Aruba – you can depart any time on day 20
- Transport:** Direct inter-island flights, minibus, or similar vehicle for guided excursions and tours, catamaran (St Kitts to Nevis excursion), ferry (Dominica to Saint Lucia)
- Country Visited:** St Kitts & Nevis, Antigua, Dominica, Saint Lucia, Saint Vincent and the Grenadines, Trinidad and Tobago, Curacao, and Aruba



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Caribbean Islands Hopping

A unique opportunity to island hop between some of the most beautiful destinations on earth. And rather than joining thousands of other travellers on a cruise ship the size of a small town, our small group will use the network of regional flights to reach our next destination giving you more time to explore.

Our adventure starts in St Kitts where we take a luxury catamaran to its sister island Nevis with the chance along the way to snorkel and view the rich marine life. Next stop is Antigua where we explore the bustling capital of St John's, with its salty-glamorous English Harbour, and historical forts and other vestiges of the colonial past. Our next hop takes us south to little visited Dominica where we explore lush rainforests and natural hot springs which justifies the country's status as the "Nature Island". We reach our next destination not by flying, but by taking the local ferry to Saint Lucia where we explore the island including the one-of-a-kind Sulphur Springs and the world's first drive-in Volcano.

Back in the air we continue our adventure with a short flight to St Vincent and the Grenadines – a place that evokes visions of exotic, idyllic island life. Imagine an island chain in the heart of the Caribbean Sea, uncluttered by tourist exploitation, with white-sand beaches on deserted islands, sky-blue water gently lapping the shores and barely a soul around. Next stop is Trinidad and Tobago, where we discover the country's cultural and religious diversity before taking a well-earned break and enjoy a 'free day' to unwind and recharge before we head to the Dutch Antilles for the final leg of our trip.

With its delightful Dutch colonial architecture, thriving art and culinary scenes and excellent history museums, Curacao feels like a little piece of Europe at the edge of the Caribbean. A short hop takes us to our final destination, Aruba, where we mark the end of our adventure by travelling by off-road vehicle across the rugged terrain of Arikok National Park.

Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as shown below, we have built in a degree of flexibility. However, overnight stops may still vary from those suggested and on occasions alternative accommodation, of a similar standard to that named below, will be used.

The itinerary as described below is very dependent on current flight schedules, and in some cases, these may only be fully confirmed within a few months of travel. On some routes flights may only operate a few times a week. Should the days of operation change then this will have an impact on the overall itinerary and inadvertently the programme will need to be revised. We will do our best to visit each island named below, but the length of stay may need to change. Should a particular route be withdrawn, or it no longer works with the overall programme, we reserve the right to substitute some of the destinations, with one or more other islands. It is only on this basis that we can accept your booking and we thank you for your understanding.

Tour Guide

Our guides are a key strength, chosen for their knowledge of and passion for the areas in which they work. All of our guides are carefully hand-picked, and are not just passing through these countries, but are usually locally born. Unlike some companies it should be noted we do not routinely send a guide or tour leader from Undiscovered Destinations in the UK as we have every confidence in our locally appointed representative who is responsible for operating the tour on our behalf. Please refer to the important information given below.



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Group Size up to and including 4 Travellers

It should be noted that a different guide will be allocated for each island. The group will not be accompanied throughout and will fly between each island without a guide. On arrival at each destination the group will be met and transferred to the hotel. As part of your joining information, you will receive a series of tour vouchers for the applicable services, and these will include contact details for our local supplier as well as start times and joining information for each tour.

In the event of any flight delays or cancellations, you will be asked to contact our office directly for assistance. However, in practice it may be difficult for us to provide an immediate solution. Therefore, should the tour operate with less than 5 clients it is a trip that is best suited to the more experienced traveller and one who is comfortable travelling unescorted. For group sizes of 5 clients or more please see below for details of the arrangements. Please contact our office if you would like to check on the current booking status and size of the group.

Group Size 5 to 12 Travellers

For a group size of at least 5 travellers the tour will be fully escorted throughout, including when travelling between each island. A tour leader from Undiscovered Destinations in the UK or our representative will accompany the group, principally to facilitate with the practicalities such as dealing with any delays or disruption to the programme. Local knowledge of each destination and all guiding will remain the responsibility of our experienced local suppliers.

It should be noted that a change of tour leader maybe required during the trip. Therefore, we reserve the right to use more than one member of our team.

Itinerary

Day 1: Arrival in St. Kitts & Nevis

Our journey begins in delightful St Kitts & Nevis where we will stay for three nights giving us two full days to explore. Upon arrival you will be at the airport and transferred to the hotel where you will meet your fellow travellers later the same day or the next morning. Overnight Koi Resort Saint Kitts, Curio Collection by Hilton or similar. No meals are included today.

St. Kitts and Nevis

Nestled in the Eastern Caribbean, St. Kitts and Nevis beckon with a captivating mix of natural beauty, rich history, and vibrant culture. These twin islands boast pristine beaches, lush rainforests, and volcanic landscapes. Explore historic sites like Brimstone Hill Fortress National Park, a UNESCO World Heritage site, or immerse yourself in the lively atmosphere of Basseterre, the capital of St. Kitts. The charm extends to Nevis, known for its charming plantation inns and as the birthplace of Alexander Hamilton. Whether it's cultural exploration or simply enjoying the welcoming atmosphere created by the locals and their unique Creole traditions, St. Kitts and Nevis offer an idyllic escape for those seeking a harmonious blend of discovery.





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Day 2: St. Kitts Island Tour

After breakfast we meet our guide and leave the hotel for a 4 to 5 hour tour of the island taking in the main points of interest. Stops will include Independence Square, Wingfield Estate Sugar Plantation Ruins – a sugar plantation, which was water powered, Black Rocks – a beautiful site of volcanic rocks from where we can see five other neighbouring islands, Timothy Hill – a chance to meet the island's green vervet monkey. We finish our tour by visiting Basseterre, the lively capital. Return to the hotel in the mid-afternoon. Overnight Koi Resort Saint Kitts, Curio Collection by Hilton or similar. (B)

Please note that the tour includes snacks and bottled water but not lunch or other drinks.

Day 3: Catamaran Excursion to Nevis

After breakfast we are transferred to the Port Zante Marina where we join a modern catamaran and set sail for Nevis. During the voyage a stop will be made at a secluded spot where we will have the opportunity to snorkel (equipment provided) and to view the abundant marine life. Later we continue to Pinney's Beach, enjoying lunch and a free bar along the way. Explore the stretch of white sand, relax, and go swimming before returning to St. Kitts. Arrive back at the hotel in the late afternoon. Overnight Koi Resort Saint Kitts, Curio Collection by Hilton or similar. (BL)

Day 4: St. Kitts to Antigua

After breakfast we are transferred to the airport for a late morning flight to Antigua. Upon arrival we are met at the airport and transferred to our hotel for a two night stay. Enjoy the rest of the day to relax before we explore the island the next day. Overnight Copper & Lumber Store Hotel Boutique or similar. (B)

Antigua

Characterised by its compelling history and enchanting natural landscapes, Antigua beckons exploration. Discover the UNESCO World Heritage Site of Nelson's Dockyard, an historic naval base enveloped in charming colonial architecture. Immerse yourself in the vibrant local culture, where the lively rhythms of calypso and reggae set the tone for a festive atmosphere. The genuine hospitality of the locals, combined with the island's picturesque landscapes, renders Antigua a compelling destination for those looking to unwind and explore.

Day 5: Antigua Island Tour

After breakfast we meet our guide at the hotel and set off for a 6 hour tour including lunch and drinks to the best of Antigua. Visit key landmarks such as Nelson's Dock Yard, Shirley's Heights, Devil's Bridge, and more. Learn about the local culture and take in the picturesque island scenery from different beaches and viewpoints. Return to the hotel in the mid-afternoon. Overnight Copper & Lumber Store Hotel Boutique. (BL)

Day 6: Antigua to Dominica

After a leisurely breakfast we are transferred to the airport for an early afternoon flight to Dominica. Upon arrival we are met at the airport and transferred to our hotel for a two night stay. Enjoy the rest of the day to relax before we explore the island the next day. Overnight Sutton Place Hotel or similar. (B)



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Dominica

A hidden gem in the Eastern Caribbean, Dominica enthralls with its lush landscapes and unspoiled natural beauty. Known as the "Nature Isle," it boasts dense rainforests, cascading waterfalls, and dramatic mountainous terrain. Explore the Morne Trois Pitons National Park, a UNESCO World Heritage Site, home to the Boiling Lake and Trafalgar Falls. The island's volcanic origins offer unique black sand beaches and therapeutic hot springs, such as those at Wotten Waven. Dominica's vibrant culture reflects a blend of Caribbean and indigenous influences, showcased in local traditions and warm hospitality. With an emphasis on ecotourism, Dominica beckons adventurers seeking an untouched paradise to discover its diverse flora and fauna, making it an ideal destination for nature lovers and those in search of tranquillity.

Day 7: Dominica Island Tour

After breakfast we meet our local guide and set-off on a full day tour to explore one of the most scenic and little visited islands on the trip. The programme will be flexible and can be determined by the interests of the group, but typically it will include some of the island's beautiful falls and pools, including the UNESCO protected Boiling Lake and Trafalgar Falls. There will also be an opportunity to swim or kayak, so please ensure you bring your swimming gear and a towel. Arrive back and at the hotel in the late afternoon. Overnight Sutton Place Hotel or similar. (B)

Day 8: Dominica to Saint Lucia Ferry

Today we head to our next island, Saint Lucia, but rather than taking a flight, we have the opportunity to take the local *Express des îles* fast ferry which is scheduled to depart at 10:30. Conveniently the terminal is just a few minutes' walk from our hotel, so we will make our way to the ferry on foot.

The service is operated by a modern catamaran which can take up to 400 passengers with indoor and outdoor seating. Food and drink (not included) can be purchased onboard, and the crossing takes around 3 hours. Although most voyages are smooth, sea conditions can be unpredictable so we would advise those prone to sea sickness to travel with the necessary medication, which should be kept in the original packaging in case it has to be checked by customs or the local authorities.

Upon arrival in Saint Lucia's capital, Castries, we will be met at the port and transferred to our hotel which is located about 7 miles north, for a two night stay. After check-in at the hotel the remainder of the day will be free for you to relax and to perhaps enjoy the hotel's inviting pool. Overnight Harbor Club St. Lucia, Curio Collection by Hilton or similar. (B)

Saint Lucia

Saint Lucia, a gem in the eastern Caribbean, enchants visitors with its breathtaking natural beauty and vibrant culture. Celebrated for the iconic Pitons, two majestic volcanic peaks that rise dramatically from the sea, the island presents a diverse landscape of verdant rainforests, cascading waterfalls, and pristine beaches. The Sulphur Springs provide a unique geothermal experience, and Saint Lucia's rich history, influenced by French and British colonialism, is evident in its colonial architecture and Creole traditions. The warm hospitality of the locals, combined with the rhythmic beats of Caribbean music and colourful festivals, creates an inviting atmosphere. Whether luxuriating in a resort or savouring local cuisine, Saint Lucia offers an unforgettable blend of relaxation and cultural immersion.



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Day 9: Saint Lucia Island Tour

After breakfast we meet our local guide and set off to explore the island on a 5 to 6 hour tour. Discover the Saint Lucia, including Soufrière, one of the island's most memorable spots. It sits on the west coast overlooked by the dramatic Pitons, two towering, UNESCO-protected volcanic plugs, and is surrounded by sandy beaches. French colonialists first established the town, and they were followed by the British, and reminders of both nations survive despite the town being rebuilt on several occasions after earthquake, fire, and hurricane damage. Soufrière sits in the Qualibou Depression, the caldera of a dormant volcano and here you will find hot springs and geothermal fields, as well as botanical gardens and waterfalls. As there will be the opportunity to swim in the falls and to take a mud bath please ensure that you bring your swimwear including a towel. We return to our hotel in the mid-afternoon. Overnight Harbor Club St. Lucia, Curio Collection by Hilton or similar. (B)

Please note that the tour includes drinks, including alcoholic beverages, but not snacks or lunch which can be purchased during the stops.

Day 10: Saint Lucia to Saint Vincent and the Grenadines

Most of the day will be spent at leisure until around 5pm when will be transferred to the airport for a short flight to Saint Vincent and the Grenadines. Although a late check-out can be requested locally it will not be guaranteed, but the hotel will be happy to store your luggage and with the agreement of management you can continue to use the pool and changing facilities. We expect to arrive at Saint Vincent's Argyle International Airport at around 8pm where will be and transferred to our hotel for a two night stay. Overnight Grenadine House or similar. (B)

Saint Vincent and the Grenadines

Saint Vincent is a captivating island in the Caribbean, forming part of the Saint Vincent and the Grenadines archipelago. Characterized by its lush landscapes, the island is dominated by the majestic La Soufrière volcano, providing both a dramatic backdrop and a source of hot springs. The capital, Kingstown, showcases a blend of colonial architecture and vibrant markets where you can immerse yourself in the local culture. Fort Charlotte, a historic fortress, offers panoramic views of Kingstown and the surrounding coastline. Saint Vincent's black-sand beaches, such as Dark View Falls and Buccament Bay, provide picturesque settings for relaxation. The island's cultural heritage is a fusion of African, French, and British influences, evident in its music, festivals, and cuisine.

Day 11: Saint Vincent Island Tour

At around 8am we meet our guide and set off to explore Saint Vincent. First stop is at Dark View Falls. A quick and easy 15 minute hike rewards visitors with Saint Vincent's most accessible and beautiful waterfall. Dark View Falls are two spectacular waterfalls, one above the other, cascading down high cliff faces and plunging into natural pools. Be sure to bring your swimming gear and towel so you can take a swim in the cool freshwater spring. Next stop is the old set where Pirates of the Caribbean was filmed, with all props still in place. We continue the tour with another opportunity for a refreshing swim at Buccament Bay and its white sand beach. Our final stop of the day takes us to Fort Charlotte, a British-colonial era fort, built on a hill overlooking the harbour of Kingstown. Standing at 601 feet above the sea level the fort enjoys a panoramic view of the Leeward side of the island, including Kingstown, Young Island, the Caribbean, Bequia and the Grenadines. On a clear day, Grenada, 90 miles to the south, can be seen. Head back to the hotel where we arrive in the mid-afternoon. Overnight Grenadine House or similar. (B)

Please note that the tour includes snacks, bottled water and alcoholic beverages but not lunch.



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Day 12: Saint Vincent and the Grenadines to Trinidad and Tobago

After a leisurely breakfast we are transferred to the airport for an early afternoon flight south to Trinidad and Tobago, where we will enjoy a three night stay. Upon arrival in the capital Port of Spain we are transferred to our centrally located hotel. Courtyard by Marriott Port of Spain or similar. (B)

Trinidad and Tobago

A vibrant nation, Trinidad and Tobago is a captivating blend of cultural diversity and natural beauty. In Trinidad, the lively capital city of Port of Spain is known for its bustling markets and flavourful street food, reflecting the nation's rich fusion of African, Indian, and European influences. The island's dynamic atmosphere extends to its thriving arts scene and historical sites, such as Fort George. Tobago, the smaller sister island, boasts pristine beaches like Pigeon Point and Buccoo Reef, attracting sun-seekers and snorkelers to its crystal-clear waters. The Main Ridge Forest Reserve, the oldest protected rainforest in the Western Hemisphere, offers eco-adventurers a chance to explore diverse flora and fauna. Both islands share a love for calypso and soca music, with lively festivals and events filling the air with infectious rhythms. Trinidad and Tobago's warmth extends beyond its tropical climate, enveloping visitors in a rich cultural experience, making it a harmonious blend of Caribbean charm and natural wonders.

Day 13: Port of Spain City Tour

At around 9am we meet our guide and start the day with a tour of the capital city, Port of Spain, where we will see some of the historic mansions known as the "Magnificent Seven". After marvelling at these architectural wonders, we will spend time visiting the Royal Botanic Gardens and Ariapita Avenue, fondly referred to as "The Avenue", a street famous for its thriving nightlife and local cuisine. The last stop will take us to the "Lady Young Look Out" where we will enjoy fine views over the city, before we return to our hotel arriving back in time for a late lunch (not included). Courtyard by Marriott Port of Spain or similar. (B)

Day 14: Free Day

After what has been a busy tour so far, today has been set aside for some relaxation and a chance to unwind, or if you prefer the opportunity to explore more of Trinidad on your own. Alternatively, additional activities at extra cost be arranged in advanced or locally. Courtyard by Marriott Port of Spain or similar. (B)

Day 15: Trinidad and Tobago to Curacao

As we approach the final leg of our trip, we change direction and take a mid-afternoon flight to different part of the Caribbean, and one the remains little visited by English speakers, the Dutch Antilles. Our first of two stops will be the island of Curacao where we will spend two nights. Upon arrival from Port of Spain we will be met and transferred to our colonial style boutique hotel. Overnight Boutique Hotel 't Klooster or similar. (B)

Curacao

Nestled in the southern Caribbean Sea, Curacao captivates visitors with its colourful blend of cultures, stunning landscapes, and rich history. The capital, Willemstad, a UNESCO World Heritage Site, is renowned for its pastel-hued Dutch colonial architecture lining the waterfront. Explore the fascinating Hato Caves with ancient Amerindian drawings and unique limestone formations. The vibrant underwater world of the Curacao Sea Aquarium showcases the region's marine biodiversity. The island's multicultural heritage is reflected in its cuisine, influenced by African, European, and Caribbean flavours. Whether exploring historic sites, indulging in culinary delights, or simply enjoying the laid-back island vibes, Curacao offers a unique and unforgettable Caribbean experience.



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Day 16: Curacao Island Tour

At around 9am we meet our local guide for a 6 hour tour that includes a number of stops. We start with a visit to the flamingo sanctuary at Sint Willibrordus. Then we continue to Santa Martha Bay, a secluded spot with a scenic viewpoint over the island. Next stop is Shete Boka National Park where huge waves thunder into an underground cavern. Steps cut into the rocks lead you directly into the mouth of the cavern; you can sit on the very edge and watch the surf roll in. Our last stop will be at Grote Knip, one of Curaçao's top beaches where we can take a dip in the crystal-blue waters or snorkeling (snorkel equipment will be provided but please bring swimwear and towel). Later we return our hotel arriving back in mid-afternoon. Overnight Boutique Hotel 't Klooster or similar. (B)

Please note that bottled water is included. Other drinks and snacks can be purchased during the tour.

Please note that an entrance fee for Shete Boka National Park will be payable locally as a cost of approximately USD 10.00 per person.

Day 17: Curacao to Aruba

After breakfast we are transferred to the airport for a late morning flight to our final destination, Aruba, where we will stay for three nights. Upon arrival in Aruba, we will be met at the airport and transferred to our hotel located in the island's capital Oranjestad. After check-in the rest of the day is at leisure to relax. Overnight Renaissance Wind Creek Aruba Resort or similar. (B)

Aruba

Thanks to direct flight from the UK, Aruba has now become more accessible but remains largely unknown to many travellers. Oranjestad, the vibrant capital, showcases Dutch colonial architecture and a lively atmosphere. The island's arid landscape features intriguing rock formations like Ayo and Casibari, providing a stark contrast to the turquoise sea. Arikok National Park, a must-visit destination, invites exploration of rugged terrain, revealing diverse flora, fauna, and the captivating Natural Pool—an oasis nestled within volcanic rocks. Downtown Oranjestad offers bustling markets, diverse dining options, and vibrant nightlife. The island's cultural tapestry, woven from indigenous Arawak influences and Dutch and Spanish colonial history, creates a unique blend that enhances the allure of Aruba for those seeking both relaxation and a taste of the island's rich heritage in a tropical paradise.

Day 18: Arikok National Park Excursion

At around 9am we meet our guide and set off for the Arikok National Park, located on Aruba's east coast, which we explore in an open-air 4x4 vehicle. We travel over rugged terrain, stopping along the way at landmarks including Gold Mill Ruins and Natural Bridge. We will make a stop at natural pool that is made out of volcanic rocks, which offers a wall of protection against the large eaves coming off the ocean. We will see waves crashing at the back of the rocks, only to splash gently into a natural the pool. For those who want to swim or snorkel (equipment provided), they can walk the almost 100 steps down to enter the pool. Later we return to our hotel, arriving back around 2pm. The remainder of the day is then free, at leisure, without any further activities. Overnight Renaissance Wind Creek Aruba Resort or similar. (BL)

Please note that the tour includes lunch and cold drinks.

Important Information

Please be advised that this excursion is not suitable for anyone that suffers from a back condition, heart problems or other serious medical conditions. Also, it is not recommended for any traveller who is pregnant. Please contact us if you would like to request an alternative excursion and we will be pleased to discuss the options available.



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Day 19: Free Day

After what has been a busy tour, today has been set aside for some relaxation and a chance to unwind before your flight home. Or if you prefer it will be an opportunity to explore more of the island and its capital on your own. Alternatively, additional activities at extra cost be arranged in advanced or locally. Overnight Renaissance Wind Creek Aruba Resort or similar. (B)

Day 20: Aruba Departure

Today the tour ends after check-out from the hotel. A transfer to the airport will be provided to coincide with your international departure. (B)

Please note that the hotel's check-out time is 12pm. A later check-out can be requested locally although charges may apply. After check-out the hotel will be happy to store your luggage and with their agreement, you can continue to use the pool and changing facilities.

Inclusions/Exclusions

Inclusions:

Arrival and departure airport transfers
Transportation throughout the tour
All inter-island economy class flights including a checked-in luggage allowance of 20k
All accommodation
Services of English-speaking guide for the tours and excursions shown in the itinerary
Meals as shown (B – Breakfast, L – Lunch)
Except where indicated, entrance fees for sites listed as part of the itinerary

Excluded:

International flights to St Kitts & Nevis and return from Aruba
Any airport taxes – except on those flights included as part of the itinerary
Travel Insurance
Visas – when applicable
Drinks
Tips (Discretionary)

Important Information

Foreign Office Travel Warnings

We constantly monitor the advice posted by the British Foreign, Commonwealth and Development Office (FCDO). In particular we will always advise clients of any travel warnings. At present there are no warnings against travel to any of the places that we visit on this itinerary.

It should be noted that this information applies to British citizens. Other nationals are asked to check the current position of their respective government.



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Accommodation and Meals

Hotel Check-in Times

As a general rule most hotels will allow guests to check-in from 2pm. Please note that the price of your tour does not include guaranteed early check-in. Therefore, please advise us if you would like to ensure that your room is available for an earlier arrival. This is particularly relevant on the first day of the tour and for early morning arrivals.

It should also be noted that on many of our tours we have set-aside Day 1 of the itinerary as an 'arrival day'. For this reason and because tour participants are likely to be arriving at different times, and often from different countries, guided sightseeing or other activities are not included. If you are arriving early or before the start date of the tour and would like to organise some extra arrangements on a private basis, please contact us.

Accommodation Rating

At Undiscovered Destinations we know our travellers prefer to stay in comfortable, mid-range accommodation, preferably with local character. Where possible this tour is based on using centrally located hotels, often smaller boutique style properties. But given the need for us to block book a number of rooms this is not always possible. Some of the hotels will be resort style, which is common in the Caribbean and maybe located further away from the island's capital.

We welcome solo travellers and single rooms will be allocated subject to the applicable tour supplement. Please note that on occasions you may not always be allocated a double or twin room, as some hotels have designated single rooms. These may be smaller in size. However, the supplement payable takes this into consideration.

Food & Drinks

The daily meal basis is shown in the tour itinerary; breakfast (B), lunch (L) and dinner (D). Please note that lunches when provided maybe a picnic. Unless stated drinks are not included and will be payable locally in cash.

Dietary Requirements

If you have any special dietary requirements, you must notify us at the time of booking. While we will make every effort to cater for you, we cannot guarantee that this will be possible.

Budgeting for your Tour

You will need some extra money to cover meals and drinks not included in the tour price, any optional sightseeing, souvenirs, and items of a personal nature such as laundry.

Food

The costs for meals vary depending upon location, type of restaurant and number of courses eaten. In addition, islands like St Kitts and Dominica have been less touched by tourism, leading to lower prices. We would suggest you budget an average, minimum per day, of £50.00 per person to include meals and drinks not included within the itinerary. But again, costs will vary. For a better understanding many of the hotels publish menus with prices on their websites which can help with budgeting.



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Tipping – Guide and Drivers

Tipping is common practise in the Caribbean. If your local guide has been helpful, then you could think about tipping. For a one day tour or excursion we would suggest \$10 for your guide but of course, do tip more or less as you wish. It is at your discretion.

Foreign Exchange

ATM Availability: Available through the Caribbean, particular in airports and the island's capital

Credit Card Acceptance: Credit and debit cards are widely accepted throughout the Caribbean.

Recommended Currency for Exchange: US Dollar

Where to Exchange: Your guide will advise you on arrival

Joining your Tour

Flight Information

Our advertised prices do not include the cost of international flights. Please contact us if you would like a quotation to book a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Joining Your Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a free airport transfer, both on arrival and departure. In order that the transfer can be arranged please ensure that you advise us of your flight information once available. Please advise the date, time and flight number for your arrival/departure. If we have not been advised of this information at least 2 weeks before travel, then you will be required to make your own way to the hotel on Day 1 of your tour.

Travel Insurance

It is a condition of booking with Undiscovered Destinations that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country and be valid for the entire duration of your holiday.

Visa Information

At the time of writing British, US and Australian nationals do not require a visa for a short-term tourist visit to any of the countries visited on this tour.

As it is the travellers' responsibility to ensure that they meet all entry requirements it is essential that you check the rules and any other conditions at the time of booking and again when making your balance payment. In addition, we would strongly advise that you make a final check around two weeks before your arrival. This is important as requirements can change at short notice. Undiscovered Destinations, when possible, will provide guidance about entry rules, but in the first instance please contact the relevant authorities, including the applicable embassy or consulate for assistance. Contact details can be found by visiting the following websites.

British Nationals - www.gov.uk/foreign-travel-advice

US Nationals - <https://travel.state.gov/content/travel/en/international-travel.html>

Australian Nationals - www.smartraveller.gov.au/



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Other nationals should check the latest requirements with the authorities in their home country, or with the destinations nearest embassy or consulate

Passports

It is your responsibility to ensure that you are in possession of a full passport, valid for at least six months after the date of return to your country.

We strongly advise that your passport contains a minimum of two blank pages, as this may be a requirement of the local immigration authorities. In addition, certain countries will stipulate that the two blank pages are opposite each other. If you are unable to meet these requirements you may be refused boarding by your airline or denied entry by the immigration authorities.

For specific information about the requirements for your destination please check with the country's embassy or consulate. Alternatively, UK citizens can visit www.gov.uk/foreign-travel-advice

Vaccinations & Protection

As with travel to most parts of Caribbean, we strongly recommend that you contact your doctor's surgery or a specialist travel clinic for up-to-date information, advice and the necessary vaccinations. For a visit of less than one month, you may be advised to have immunisations against the following: Diphtheria and Tetanus, Hepatitis A, Typhoid, Meningitis. The use of a DEET-containing insect repellent is highly recommended, and we recommend that you take professional advice about malaria prophylactics.

The legal status and regulation of some medicines prescribed or purchased in your home country can be different in other countries. If you're travelling with prescription or over-the-counter medicine, read this guidance from NaTHNaC on [best practice when travelling with medicines](#). For further information on the legal status of a specific medicine, you'll need to contact the embassy, high commission or consulate of the country or territory you're travelling to.

Preparing for your tour

Climate

The best time to visit the Caribbean is during its driest months which are usually from February to May

Clothing

When it comes to clothing it is usually recommended that lighter clothes are worn through the day, and warmer ones at night. A hat is also advised to be worn through the day to protect from the sun, along with at least one piece of waterproof clothing for any days that the weather may be wet or windy.

Equipment

The first thing on your list should be a first aid kit. Whilst there is no undue cause for alarm, travellers are best advised to travel well-prepared and to be adequately immunized with sufficient supplies of prescription drugs, along with a medical kit. Suncream/sunblock is a must. Insect repellent, including a bite spray will also be useful to have. Colombia is one of the most biodiverse nations on the planet so you may wish to take a pair of binoculars on the tour.





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Footwear

Footwear is a main priority on this tour. Comfortable walking shoes/boots are recommended. Lighter shoes or sandals are fine for travelling between destinations.

Luggage on tour

Your luggage should not exceed 20kgs (44lbs). One large suitcase/rucksack, and one small hand luggage rucksack is acceptable.

Excursion Times and Duration

Please note that the approximate departure times and tour durations when shown in the itinerary are given in good faith but should only be used as a guide. The information provided may vary depending on the interests of the group, road traffic conditions, comfort breaks and photo opportunities.

Electric Supply and Plugs

Most countries use two-pronged Type A or three-pronged Type B plugs on a standard 110V network. We recommend that you bring a multi-adapter.

Tour Itinerary Versions

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour, but small changes may just be added to these tour notes. These tour notes were updated on 30 January 2024.